

Specification: IQL Level 3 Award in Basic Life Support for Adults, Children and Infants (Including drowning)

Qualification number **603/2269/X**

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About IQL

IQL is a specialist awarding organisation that develops qualifications predominantly to meet the needs of leisure sector and it is the leading provider of swimming pool lifeguarding qualifications in the UK, where thousands of pool lifeguards successfully complete and pass the National Pool Lifeguard Qualification each year.

As a trading subsidiary of The Royal Life Saving Society UK (RLSS UK), the drowning prevention charity, IQL offers a wide variety of qualifications as part of its portfolio including several qualifications regulated by Ofqual (for England) Qualifications Wales and CCEA Regulation (Northern Ireland).

This qualification sits on the Regulated Qualifications Framework (RQF) and appears as

The IQL Level 3 Award in Basic Life Support for Adults, Children and Infants (Including drowning)

Qualification overview

This qualification among several first aid and emergency response awards is designed to meet the needs of employers, communities and individuals committed to providing safety and emergency first aid support for aquatic and nonaquatic (dry) activities in a work or associated environment.

The qualification and learning outcomes are based on best practice agreed by the following bodies:

- Health and Safety Executive
- Resuscitation Council (UK)

This IQL qualification covers a range of knowledge and practical skills in administering basic life support to casualties including adults, children and infants (including drowning). Candidates practice assessing the situation, the casualty and providing appropriate support.

This qualification specification is designed to provide guidance to Approved Training Centres (ATCs) employers and candidates about the delivery, assessment and quality assurance of the IQL Level 3 Award in Basic Life Support for Adults, Children and Infants (including drowning) QAN 603/2269/X

Objective

The objective of this qualification is to provide candidates with the knowledge, skills and confidence thus equipping them to deal with an adult child or infant who needs basic life support.

Purpose

The purpose of this qualification is to give candidates the opportunity to develop the knowledge and skills required to provide basic life support to adults, children and infants. It is also for candidates that hold a first aid or lifeguarding qualification the wish to augment or refresh existing skill levels.

Proposed Candidates

This qualification is for learners aged 16+ who have a specific responsibility at work, or in a voluntary capacity to provide emergency first aid.

Structure

This is a 1-unit, 1-credit qualification course delivered over one or more days; during which the mandatory unit must be completed and passed to achieve this award and receive a certificate of competence. Full details of the unit and its assessment criteria are detailed in appendix 1.

Unit 1: Basic life support for adults, children and infants

J/616/1785

Learners must be assessed as competent in all assessment elements within the registration period to achieve the qualification.

The total qualification time (TQT) for this qualification is 5 hours. This is made up of 4 guided learning hours (GLH) (excluding breaks) for the delivery and assessment of the qualification and 1 hours for candidate self-study (independent learning) for consolidation and preparation for assessments.

Recognition of Prior Learning (RPL)

Recognition of prior learning (RPL) is a process of recognising a candidate's previous achievement towards part of a qualification. It is the responsibility of Approved Training Centre/Provider (ATC/P) to review whether evidence submitted is sufficient to demonstrate the candidate has met the assessment requirements for all/part of the current qualification. It is the candidate's responsibility to demonstrate through knowledge, understanding or skills they have met the necessary criteria.

It is a requirement that RPL must be valid and current, reliable, authentic and sufficient.

RPL is provided as evidence against achievement of part of a qualification and not for an entire qualification which would be classed as an exemption. RPL is normally used where a candidate is required to gain a qualification for a specific purpose.

Relationship with other IQL qualifications

The IQL Level 3 Award in Basic Life Support for Adults, Children and Infants (Including drowning) can be transferred to other related qualifications under Recognition of Prior Learning (RPL) providing it is successfully completed and passed within its registration period. Details can be found in the Trainer Instructor resource area at RLSS Direct.

Candidates may wish to continue their learning by undertaking the following:

- IQL Level 2 Award in Basic Life Support and the Management of Anaphylaxis
- IQL Level 2 Award in Pool Lifeguarding, Intervention, Supervision and Rescue
- IQL Level 3 Award in First Aid at Work
- IQL Level 3 Award in Emergency First Aid at Work
- IQL Level 3 Award in Paediatric First Aid
- IQL Level 3 Award in Emergency Paediatric First Aid

Further guidance as to RPL can be found in the 'Recognition of Prior Learning' Policy at on the resource area at RLSS Direct.

Entry Requirements and identification

2.1 Candidate Requirements

Candidates must meet the following criteria:

- Must be 16 years of age at the date of assessment
- Must complete minimum guided learning hours
- Be assessed against all learning outcomes in the units taken

2.2 Identification

All candidates registering for training and assessment courses must provide suitable identification to the Trainer and Assessor who must check and record details of identification prior to candidates being admitted to courses and assessments.

Identification can be verified using the following:

- A passport
- A driving licence
- Other photographic ID card

Where the candidate does not have access to any of the above forms of identification an Approved Training Centre/Provider (ATC/P) may accept another form of identification containing a signature such as a debit or credit card or proof of identification provided/confirmed by their current employer or line manager.

Other course requirements

Learners should wear appropriate and comfortable clothing such as trousers and flat shoes, there is a requirement to participate in practical learning and skills application activities.

Duration and Re-qualification

This qualification is valid for a period of 1 year. The candidates should re-take this qualification prior to the certificate expiry date to remain qualified.

Delivery and support

To ensure the best support is provided to candidates, the maximum number attending a course is limited to 12 per Trainer.

Detailed lesson plans and other guidance materials are provided to Trainer Assessors (TAs) to deliver qualification courses of a high-quality standard to enable candidates to be adequately prepared prior to assessment activities. Approved Training Centre/Providers (ATC/Ps) must provide each candidate with suitable/approved reference materials that support the development of subject knowledge that meets the requirements of the course objectives.

Candidates are encouraged to participate fully throughout the course and TAs will give feedback on individual progress and identify where further practice or refinement of skills will lead to improvement.

Assessment

The IQL Level 3 Award in Basic Life Support for Adults, Children and Infants (Including drowning) qualification contains knowledge and skills that must be taught and assessed in accordance with IQL guidance that draws on current first aid practice in the UK, to this end IQL qualifications development staff attend Resuscitation Council updates.

The assessment methods used for this qualification are practical assessment and theory question assessment. All learner assessment results and feedback will be recorded on assessment paperwork.

Although this qualification has a pass/ fail criteria, the threshold within this may change where necessary to maintain standards.

Qualification content and assessment criteria is detailed in Appendix 1.

Quality Assurance

Delivery of this qualification is through Approved Training Centres/Providers (ATC/Ps) who employ or engage qualified Trainers and Assessors (TAs). Both the ATC/Ps and TAs are subject to rigorous quality assurance checks to ensure they operate to the required standard so that candidates get a specified level of support and so that assessment activities are valid, reliable and sufficient evidence of performance is produced, whilst candidates are given the best opportunity to demonstrate skills, knowledge and understanding in order to be accurately assessed against the criteria for a specific unit/s that make up the qualification.

Trainer Assessor requirements are detailed in Appendix 2

ATC/Ps are required to have appropriate policies, procedures and systems in place to enable them to operate professionally. They are also required to use suitable and adequate venues, learning resources and equipment.

All ATC/P staff must be appropriately qualified for the role they are performing within the centre and maintain CPD to ensure their skills and knowledge are up to date.

Internal Quality Assurance checks will be completed by the ATC/P for the delivery and the assessment of the qualification. These checks are supplemented by External Quality Assurance checks undertaken by IQL.

If the candidate should have any concerns related to the delivery of this qualification they should be directed to the appropriate complaints guidance that can be found in the resource area at RLSS Direct or contact IQL Compliance team on 0300 3230 096.

ATC/P Administration

The Approved Training Centre/Provider (ATC/P) is responsible for the registration of candidates; the Approved Training Centre/Provider (ATC/P) must adhere to IQL requirements and follow the guidance appropriate to each qualification, including maintaining accurate records of candidates' identity, attendance, age on day of assessment (date of birth), email address and contact details. The outcomes of assessment activities must be recorded on the appropriate documentation and signed off by the assessor and the candidate as a true record of the outcome of an assessment.

The ATC/P has responsibility for accurately compiling and sending candidate details to IQL along with a record of the assessment/s outcome and other appropriate details such as venue etc. together with the assessment decision for unit/s and the qualification as a whole so that the candidate can be issued with a certificate in respect of the qualification (recorded as a pass, or as a fail where the assessment criteria has not been met). Learners can be re-assessed for the elements or unit/s as required. The majority of cases additional study and/or training and practice of skills may be required to become competent and ready to be re-assessed; TAs generally provide developmental feedback to learners and guidance on how progress may be made and explaining the support available from the ATC/P or locally.

The ATC/P is responsible for providing the training equipment that is required for the delivery and assessment of the qualification, namely:

- Training AED / defibrillator (1 per 4 candidates)
- Resuscitation manikins (1 per 4 candidates)
- Manikin wipes

Appeals, complaints, reasonable adjustments and special considerations

Candidates can appeal an assessment decision if they believe it was unfair or if they believe actions of the TA led to them being disadvantaged in some way or if they have concerns that the assessment criteria were not adhered to.

Full details of how to appeal an assessment decision, make a complaint or an application for a reasonable adjustment or special consideration is to meet a specific individual need can be downloaded from the resource area at RLSS Direct. IQL maintain policies and provide guidance that is available to candidates, TAs and ATC/Ps.

Recommended training materials

- RLSS UK Basic Life Support for Adults, Children and Infants (Including drowning) handout

Useful websites

- www.rlss.org.uk
- www.resus.org.uk
- www.hse.gov.uk/firstaid

Appendix 1 Qualification content and assessment criteria

The IQL Level 3 Award in Basic Life Support for Adults, Children and Infants (Including drowning)

Unit title	Basic Life Support for Adults, Children and Infants (J/616/1785)
Unit level	3
GLH	4 (Non GLH 1)
Credit	1

Learning Outcomes	Assessment Criteria	Assessment Method
1. Be able to assess an incident	1.1 Conduct a scene survey of an incident	Practical Assessment
	1.2 Conduct a primary survey of a casualty (adult, child & infant)	Practical Assessment
	1.3 Summon appropriate assistance when necessary	Practical Assessment
2. Be able to manage an unresponsive casualty	2.1 Identify when to administer Cardio Pulmonary Resuscitation (CPR)	Theory Assessment
	2.2 Demonstrate CPR using a manikin (adult, child & infant)	Practical Assessment
	2.3 Demonstrate CPR on an Adult manikin when the casualty that has drowned	Practical Assessment
	2.4. Justify when to place a casualty in to the recovery position	Theory Assessment
	2.5 Demonstrate how to place a casualty into the recovery position	Practical Assessment
	2.6 Demonstrate holding an infant in the recovery position	Practical Assessment
3. Be able to provide first aid to a casualty who is choking	3.1 Identify when choking is: <ul style="list-style-type: none"> mild severe 	Theory Assessment
	3.2 Demonstrate how to administer first aid to a casualty who is choking	Practical Assessment

Additional information	<p>When necessary: Learners should be able to evaluate a situation to summon further assistance and what type of assistance.</p> <p>When to administer Cardio Pulmonary Resuscitation: must include agonal gasps.</p> <p>CPR must include: 'turning the AED on', 'correct placement of AED pads' and 'follows AED instructions'.</p> <p>CPR for a casualty that has drowned must include 5 initial rescue breaths within the CPR sequence.</p> <p>Recovery Position: a position that maintains a stable open draining airway.</p>
Simulation	Simulation is permitted in this unit. The following ACs must be assessed by practical demonstration: 1.1, 1.2, 1.3, 2.2, 2.3, 2.5, 2.6, 3.2

Appendix 2 – Trainer Assessor requirements

In order to deliver The IQL Level 3 Award in Basic Life Support for Adults, Children and Infants (Including drowning) must hold:

- RLSS UK Trainer Assessor AED, NPLQ or First Aid

And

- RLSS Membership

And one of the following:

- IQL Level 2 Award in Pool Lifeguarding, Intervention, Supervision and Rescue (NPLQ)
- IQL Level 3 Award in First Aid at Work
- RLSS UK Life Support 3